Kinesitherapy - Sebastien Forgues - AUTUMN 2026

Schedule (IKRA)

Update : 29 june 2026

(please note that the schedule is subject to change)

Month	Day	Date	Class 6 PM to 9h30 PM	Class 8h30 AM to 12h00 PM	Class 1 PM to 4h30 PM
October 2026	Thursday	1		Foundation	Foundation
	Monday	5		Foundation	Foundation
	Tuesday	6			
	Thursday	8		Physio/Patho - Movement	Physio/Patho - Movement
	Holidays				
	Tuesday	13			
	Thursday	15		Physio/Patho - vocabulary & abb.	Physio/Patho - Movement
	Monday	19		Physio/Patho - Cells & tissues	Physio/Patho - Cells & tissues
	Tuesday	20			
	Thursday	22		Physio/Patho - Inflamatory process	Physio/Patho - Inflamatory process
	Monday	26		Physio/Patho - Joint system	General techniques
	Tuesday	27			
	Thursday	29		Physio/Patho - Joint system	General techniques
November 2026	Monday	2		Physio/Patho - Joint system	General techniques
	Tuesday	3			
	Thursday	5		Physio/Patho - muscular system	General techniques
	Monday	9		Physio/Patho - muscular system	General techniques
	Tuesday	10			
	Thursday	12		Physio/Patho - nervous system	General techniques
	Monday	16		Physio/Patho - nervous system	General techniques
	Tuesday	17	Foundation - Physio/Patho EXAM		
	Thursday	19		Osteo - Upper limb	Osteo / Arthro- Upper limb
	Monday	23		Arthro- Upper limb	Upper limb - Palpation
	Tuesday	24			
	Thursday	26		Myology - Upper limb	Myology - Upper limb
	Monday	30		Myology - Upper limb	Myology - Upper limb
December 2026	Tuesday	1			
	Thursday	3		Upper limb - Palpation	Neuro - Upper limb
	Monday	7		Neuro - Upper limb	Posture - Upper limb
	Tuesday	8	Patho - Upper limb		
	Thursday	10		Posture - Upper limb	Tests - Upper limb
	Monday	14		Tests - Upper limb	Techniques - Upper limb
	Tuesday	15	Patho - Upper limb		
	Thursday	17		Patho - Upper limb	Techniques - Upper limb
	Monday	21		Techniques - Upper limb	Techniques - Upper limb
	Tuesday	22	Patho - Upper limb		
	Holidays				
January 2027	Monday	4		Helping relation 3	Techniques - Upper limb
	Tuesday	5	Anat./Path. Upper limb - EXAM		
	Thursday	7		Helping relation 3	Techniques - Upper limb
	Monday	11		Helping relation 3	Techniques - Upper limb
	Tuesday	12	Helping relation 2-1		
	Thursday	14		Helping relation 3	Techniques - Upper limb
	Monday	18		Techniques - Upper limb	Techniques - Upper limb
	Tuesday	19	Helping relation 2-2		
	Thursday	21		Techniques - Upper limb	Techniques - Upper limb
	Monday	25		Techniques - Upper limb	Techniques - Upper limb
	Tuesday	26	Helping relation 2-3		
	Thursday	28		Techniques - Upper limb	Techniques - Upper limb
February 2027	Monday	1		**Stages**	**Stages**
	Tuesday	2	Helping relation 2-4		
	Thursday	4		Osteo - Lower limb	Osteo / Arthro - Lower limb
	Monday	8		Arthro - Lower limb	Palpation - Lower limb
	Tuesday	9	Helping relation 2-5		
	Thursday	11		Myology - Lower limb	Myology - Lower limb
	Monday	15		Myology - Lower limb	Myology - Lower limb
	Tuesday	16	Helping relation 2-6 EXAM		
	Thursday	18		Palpation - Lower limb	Neuro - Lower limb

Month	Day	Date	Class 6 PM to 9h30 PM	Class 8h30 AM to 12h00 PM	Class 1 PM to 4h30 PM
February	Monday	22		Membre inf. - Neuro	Posture - Lower limb
2027	Tuesday	23	Helping relation 2-7		
	Thursday	25		Posture - Lower limb	Test - Lower limb
March	Monday	1		Test - Lower limb	Techniques - Upper limb
2027	Tuesday	2	Patho - Lower limb		
	Thursday	4		Techniques - Upper limb	Techniques - Upper limb
	Monday	8		Patho - Lower limb	Techniques - Upper limb
	Tuesday	9	Patho - Lower limb		
	Thursday	11		Patho - Lower limb	Techniques - Upper limb
	Monday	15		Helping relation 3	Techniques - Upper limb
	Tuesday	16	Anat./Path. Lower limb - EXAM		
	Thursday	18		Helping relation 3	Techniques - Upper limb
	Monday	22		Techniques - Upper limb	Techniques - Upper limb
	Tuesday	23	Helping relation 2-8		
	Thursday	25		Techniques - Upper limb	Techniques - Upper limb
	Monday	29		Techniques - Upper limb	Techniques - Upper limb
	Tuesday	30	Helping relation 2-9		
April	Thursday	1		Techniques - Upper limb	Techniques - Upper limb
2027	Monday	5		**Stages**	**Stages**
	Tuesday	6	Helping relation 2-10		
	Thursday	8		Osteo - Trunk/spine	Osteo/Arthro - Trunk/spine
	Monday	12		Arthro - Trunk/spine	Palpation - Trunk/spine
	Tuesday	13	Helping relation 2-11		
	Thursday	15		Myology - Trunk/spine	Myology - Trunk/spine
	Monday	19		Myology - Trunk/spine	Myology - Trunk/spine
	Tuesday	20	Helping relation 2-12		
	Thursday	22		Palpation - Trunk/spine	Neuro - Truck / Spine
	Monday	26		Neuro - Truck / Spine	Posture - Truck / Spine
	Tuesday	27	Helping relation 2-13 EXAM		
	Thursday	29		Posture - Truck / Spine	Test - Truck / Spine
May	Monday	3		Test - Truck / Spine	Techniques - Truck / Spine
2027	Tuesday	4	Patho - Truck / Spine		
	Thursday	6		Patho - Truck / Spine	Techniques - Truck / Spine
	Monday	10		Patho - Truck / Spine	Techniques - Truck / Spine
	Tuesday	11	Patho - Truck / Spine		
	Thursday	13		Techniques - Truck / Spine	Techniques - Truck / Spine
	Monday	17		Techniques - Truck / Spine	Techniques - Truck / Spine
	Tuesday	18	Anat./Path. - Trunk and spine		
	Thursday	20		Helping relation 3	Techniques - Truck / Spine
	Holidays				
	Tuesday	25		Helping relation 3	Techniques - Truck / Spine
	Thursday	27			
	Monday	31		Techniques - Truck / Spine	Techniques - Truck / Spine
June	Tuesday	1		Techniques - Truck / Spine	Techniques - Truck / Spine
2027	Thursday	3	Final exam - theory		
	Monday	7		Techniques - Truck / Spine	Techniques - Truck / Spine
	Tuesday	8		**Stages**	**Stages**
	Thursday	10			
	Monday	14		Final exam - Technique	**Stages**
	Tuesday	15			
	Thursday	17		**Stages**	**Stages**
	Monday	21		**Stages**	Final exam on teacher (appointment)
	Tuesday	22			
	Holidays				
	Monday	28		Final exam on teacher (appointment)	Final exam on teacher (appointment)
	Tuesday	29		First Aid	First Aid
July	**Holidays**				
2027	Monday	5		First Aid	First Aid